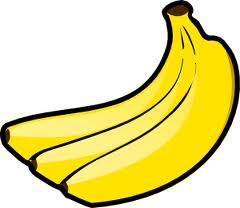
**Test**

1. How many hours of sleep should you have?
   1. 8 hours
   2. 11 hours
   3. 7 hours
   4. 10 hours



1. Which is healthier?
   1. Soda
   2. Candy bar
   3. Bananas
   4. Fruit Roll-ups
2. Which is the healthier exercise choice?
   1. Watching television for more than two hours a day
   2. Laying in bed all day
   3. Exercising for at least 30 minutes a day
   4. Playing video games
3. How many fruit servings should you have a day?
   1. 5 servings
   2. 2 servings
   3. 10 servings
   4. 1 servings